



# THE GABLES NEWS FLASH



February 2023

## JOLLY JANUARY

The Little Lambs have loved exploring and enhancing their new dress up area together, they have enjoyed using the different materials to make outfits, put on accessories, and fill and empty the handbags. The little lambs have started to get the garden ready for Spring, they planted some 'geranium' and 'freesia' bulbs, and also re-potted some spider plants in pots that they decorated together.

The Farmers have enjoyed re-visiting our friend 'The Colour Monster!' We have been learning all about our different feelings and emotions and practicing our colours! the children have enjoyed making some new emotion jars, enhancing our feelings area, and taking part in an art class making self-portraits and sharing what makes us happy, sad, feel loved, and calm. We had lots of fun taking part in our company Forest School day, we made giants birds nests, enjoyed pizza and song time around the 'campfire', took part in a bird watching hunt, and enjoyed making their own creations with clay and natural objects.

In February we will be focusing on mental health and well-being for children and parents, some activities will include forest school, yoga, mindfulness and meditation, key-worker sessions and celebrating random acts of kindness day!



### Dates for the Diary:

**WC MONDAY 6TH FEBRUARY – CHILDREN'S MENTAL HEALTH WEEK**

We will be carrying out lots of relevant activities throughout this week linking to children's mental health and well-being, and mindfulness.

**TUESDAY 7TH FEBRUARY – SAFER INTERNET DAY**

**TUESDAY 14TH FEBRUARY – ST VALENTINES DAY!**

Come and join us for a luxury afternoon tea – tickets will cost £2 each and will go on sale on Monday 30th January

**FRIDAY 17TH FEBRUARY – RANDOM ACTS OF KINDNESS DAY**

**TUESDAY 21ST FEBRUARY – PANCAKE DAY**

**FRIDAY 10th MARCH – COMPANY TRAINING DAY – nursery will be closed**

Our Contact Details are as follows:-

**Tel – 01706 352000 - Email: [ffn3@fisherfeldchildcare.co.uk](mailto:ffn3@fisherfeldchildcare.co.uk)**

Or keep in touch with iConnect/ParentZone, please ask a member of staff if you need help

